

Exercise Science and Performance Nutrition

2023-Current

Doctorate of Philosophy – Ph.D.

University of South Alabama – College of Education and Professional Studies

MINIMUM HOURS REQUIRED: 60

		Hours	Semester	Grade
Program Core (15 Hours)				
KIN 540	Cardiovascular Responses and Adaptations to Exercise	3	_____	_____
KIN 601	Biomechanical Foundation of Human Movement	3	_____	_____
KIN 603	Advanced Measurement and Evaluation in HKS	3	_____	_____
KIN 681	Current Topics in Exercise Science and Performance Nutrition	3	_____	_____
KIN 694	Directed Study and Research	3	_____	_____
Support Courses (12 Hours)				
KIN 505	Research Methods in HKS	3	_____	_____
IDE 620	Quantitative Methods I OR ST 540 Stats in Research I	3	_____	_____
IDE 621	Quantitative Methods II OR ST 545 Stats in Research II	3	_____	_____
KIN 699	Research Project	3	_____	_____
Electives (18 Hours from the following)				
KIN 516	Exercise Physiology	3	_____	_____
KIN 521	Motor Learning	3	_____	_____
KIN 562	Biochemical and Molecular Aspects of Exercise and Nutrition	3	_____	_____
KIN 563	Nutrition	3	_____	_____
KIN 571	Exercise Management of Chronic Disease and Disabilities	3	_____	_____
KIN 572	Neuromuscular and Biomechanical Principles in Exercise	3	_____	_____
KIN 574	Sport and Fitness Conditioning	3	_____	_____
KIN 579	Fitness Assessment and Exercise Prescription	3	_____	_____
KIN 583	Clinical Exercise Testing and Prescription	3	_____	_____
KIN 590	Special Topics	3	_____	_____
500-699	Advisor Approved Elective	3	_____	_____
500-699	Advisor Approved Elective	3	_____	_____
Dissertation (15 Hours)				
<i>(Comprehensive examination is required before enrolling in Dissertation hours.)</i>				
KIN 799	Dissertation	15	_____	_____

08/28/23